

99
thoughts
about
girls

for
guys'
eyes
only

insights to what
teenage girls are really like

a book for guys
by katie edwards
with kurt johnston

99 Thoughts About Girls: For Guys' Eyes Only
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about kurt johnston



Kurt Johnston has been working in junior high ministry since 1988 and right now is the junior high pastor at Saddleback Church. He loves providing resources for junior high ministry almost as much as he loves junior highers themselves. Kurt loves surfing, dirt bike riding, and hanging out with his family.

99 thoughts about girls: for guys' eyes only

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girls 101



a note from katie:

You are about to enter the unknown...the world of girls.

Wow, you are brave. Any boy who takes steps to better understand girls is a hero in my book. Not that you can ever fully understand them. I say this because girls are unique creatures with layers and layers of complex emotions and actions. They can love you one minute and hate you the next. They don't need a reason, they're girls and that is enough. No two girls are alike, and because of this fact I am not sure any book could accurately tell you everything you need to know about them. Arguably, one girl often has multiple personalities, so even this book might totally apply one minute and should be thrown out the next. However, be encouraged – there are some thoughts in this book that I think can help guide you on your journey to better understanding and existing in the world of girls. I am hoping you will gain some small insight into being friends with girls, asking girls out, dating girls, and avoiding certain areas and topics when around girls.

comment from kurt

She's right, guys. I've been married to my wife for almost 20 years and I'm still trying to figure her out! But that's part of what makes them so special; if they were just like us, they wouldn't be very interesting, would they?

An important fact to remember as you read this book is that God is the master creator and He made of each us to be unique and special. In light of this fact, this book is not describing every girl at every moment in her life. It's simply a collection of thoughts and tips to give you a small glimpse into the world of girls. Each girl you meet is an individual who is feeling individual emotions, jumping over individual obstacles, and figuring out her individual journey.

My hope is that this book will give you some words of wisdom to help you understand us just a little bit better and hopefully set you on the road to healthy, lifelong friendships and relationships with the girls God brings into your life.

Katie

Katie Edwards



the world of girls

1. Girls are SOOOOO different than you.

It's true – guys and girls are extremely different from one another. We look different, we talk different, we think different, we see the world differently, we smell differently...I guess you get the idea!

But the differences between us are not a bad thing! It's actually kind of fun. Can you imagine how boring relationships would be if we were too similar? Even though there is a lot to learn about girls, the journey of spending time with them and figuring them out can be super fun. Think of girls as a mystery that can be solved if you work hard solving the case. Good luck with that, Sherlock!

2. Girls are wonderfully complex.

You may think that at some point in your life you will be able to fully understand girls. Unfortunately that day may never come. Girls are complex. They have lots of layers that make up who they are. This may sound discouraging, but really it is one of the coolest things about girls. They are never boring and will always keep you guessing. They are deep, fascinating, and full of surprises. Join the legions of men that throughout history have tried to figure out girls – just embrace it or die trying.

3. God created girls the way they are for a reason.

Girls can sometimes seem like a mystery, but they were created to exist with you! God made girls with all of their

differences, emotions, and attributes to be a partner and a companion to you. This uniqueness not only makes them great partners, but they were created with their differences so that God could use them in ways that are unique only to the ladies! You may not always be able to figure them out, but you can enjoy them for who God made them to be.

4. Girls are looking for love and acceptance.

Girls are searching. They are searching for people who will love and accept them just as they are. More than anything girls want to surround themselves with people who want to know them, care about them, and love them. It is important that you know this because this small fact influences just about everything in the life of a girl.

comment from kurt

Guys, when you think about it, everybody wants to be loved and accepted. One of the greatest gifts you could ever give a girl is the simple gift of friendship and acceptance with no strings attached.

most of the time, sometimes, or always

Unfortunately for you, no two girls are alike. As I said before they are complex and unpredictable. You will sometimes – well, most of the time or always – catch certain things to be true about girls.

5. Most of the time girls think this planet revolves solely around them. It does, but only in their minds.

Girls enter into each day believing that everyone and everything is simply existing in their world. It sounds self-absorbed, but really it isn't. It is just the fact that girls tackle the day thinking about how everyone around them will respond to who they are.

6. Sometimes girls cry for no reason.

There are times when girls are emotional for no reason. It could be triggered by a movie or by a commercial. It could be a cute puppy they just saw or a memory from long ago about a puppy in a kennel that triggers tears. If you ask them what's wrong, they will respond with an "I'm fine" or "Nothing." This really can't be explained in rational terms. Try not to stare. Just let it happen.

comment from kurt

Guys, this is what we're tempted to say sometimes...

1. "Seriously? Get over it!" 2. "What are you, some sort of sissy?" 3. "Oh no... here we go again!" (And roll your eyes for an added bonus.)

I have said these things to my teenage daughter. Not good.

7. Girls are always comparing themselves to someone or something.

In girl world, it is safe to assume that comparison is the name of the game. Girls compare themselves to other girls about everything! Body types, clothes, metabolism, hair style, breath, grades, size of bedroom...you name it, they've compared it already.

8. Most of the time girls think about their outfit for the next day the night before.

(This is a weird fact but one that will help you understand the process of a girl preparing for the day.) Girls lie in bed the night before and think about the outfit they are going to wear the next day. This is an exhaustive process of elimination that needs to take place before we can get ready. There are a few things that factor into an outfit decision:

- Who will see the outfit? (If this is a cute outfit – maximum people need to see it.)
- What activities will be happening throughout the day? (Busy schedule, PE 4th period, or going on an after-school outing.)
- What is happening the rest of the week? Do I need to save a certain outfit for later in the week? (Possible encounter with a crush on Thursday – this is cause to save the perfect pair of jeans for later in the week.)

Choosing what to wear on any given day is a total process; you have no idea how this works because lots of guys pick up clothes off the floor, smell them, and put on whatever doesn't make them wince. There is no exaggeration in this statement – I know adult men who still do this.

9. Girls are always emotional.

Our emotions rule us. And at any given time they could rule you too. We tend to let our emotions and feelings guide our decisions and actions. And for the most part we aren't afraid to let our emotions show. We can be joyous and outgoing one minute and then two seconds later we can be heartbroken and sad. Our emotions are present in everything we do. The way we feel affects everything we are and everything we do. Even writing this paragraph makes me want to laugh and cry at the same time. See what I mean?

